

Bound into Spring with a weekend packed full of enjoyment!

You, your friend and your Myhorizon Disability Support Professional will enjoy a fabulous 2-night getaway filled with amazing activities.



When:

We're currently taking Expressions of Interest for **October & November 2022!** (Exact dates TBC).

Where:

You will be staying in our spacious Sussex St STA Retreat (in Alexandra Hills). Features include 4 guest rooms, spacious living areas, an abundance of activities and delicious meals. With easy access to many local restaurants and attractions, the location is ideal to make the most of your time during this short break.



Schedule:

- You will be picked up from home or your day supports on a Friday afternoon at 4pm.
- On Friday evening, enjoy a BBQ dinner at Wellington Pt. foreshore or participate in Myhorizon's *My Night Out* Program (different activities each fortnight).
- Wake up early for a day out at Sea World (or a theme park/ zoo of your choice).
- Settle in for a pizza and movie night back at the center on Saturday night.
- After breakfast on Sunday morning, jump in the car for a day trip of your choice (Southern Bay Island Hopper, Koala Park, Manly Markets etc.) before being dropped home at 4pm.

What's included:

- ✓ Accommodation
- ✓ Main meals
- ✓ Transportation
- ✓ Entry to Theme Park

Cost:

Your NDIS funding can be utilised to cover the cost of your trip. Ask us how this works. A co-contribution of \$50.00 per participant is applicable for Movie World Entrance Fee. Personal spending money is the responsibility of the participant.

