



AUGUST 2024

Weekend Away with Myhorizon

You, with your Myhorizon Disability Support Professional will enjoy a fabulous 2-night getaway filled with amazing activities. These short-term accommodation & assisted breaks are a great way to achieve a range of goals, including independence, social participation, health and wellbeing.

Your CORE NDIS funding can be utilised to cover the cost. Please check with your support coordinator.



Friday 23rd August - Sunday 25th August

Location

Holidaying in an apartment at Golden Beach, Sunshine Coast. This location is ideal to make the most of your time during this short break.

Itinerary

Friday

You will be picked up from home or day supports from 12pm to enjoy a leisurely trip up to the Sunshine Coast to your apartment. You will be actively involved in planning and preparing dinner and later heading to the beach and socializing with your friends.

Saturday

Start the day with a wholesome breakfast, then heading out to AMAZEWORLD to explore for a few hours. You will have a choice of several different activities for the afternoon. Then ending the day with dinner at a local RSL famous for their great food and entertainment.

Sunday

Early rise for breakfast, perhaps spend time at the Caloundra Street Fair or head to the beach for a morning stroll. We are planning to have you home by 3pm.



Although breaks or respite for families themselves are not funded by the NDIS, your care supports are. The good news, is that your Short Term Accommodation funding also covers the below;

- ✓ Accommodation
- ✓ Main meals
- ✓ Transportation & selected activities

Cost to be confirmed – pending annual NDIA July

- 1:1 cost approx \$4682 as at 11th May 24
- 1:2 cost approx \$2530 as at 11th May 24
- 1:3 cost approx \$1803 as at 11th May 24

